

Pselect Psalms 5 - Psalm of Praise

Preparation:

Optional: Be ready to lead - or have someone lead - 1 or 2 praise songs near the end of the time. (Be sure to follow any applicable copyright laws.)

Check-in

Spend a few minutes to see how everyone is doing and how their week has been.

Praise

Ask: As Christians, we talk a lot about praising God. What's a good definition of "praise"?
(The Dictionary says praise is: 1. The act of expressing approval or admiration. - Newly Revised and Updated Random House Webster's College Dictionary, 1996)

Say:

- A lot of the Psalms - or parts of Psalms - have to do with how great God is and praising Him.
- As we read this Psalm listen for reasons it gives for praising Him...

Psalm 111

Have someone read Psalm 111 (while everyone follows along in Bibles).

Ask:

- What are reasons the Psalm writer gave to praise God in this Psalm?
(Have teens look closely through the Psalm. Possibly list the reasons on a whiteboard)
- What are other reasons we have to praise God?
- Psalm 92:1 says, "It is good to praise the LORD and make music to your name, O Most High" (NIV). Why is it good for us to praise the Lord?
- Who here has reasons to praise God? What are some reasons you have to praise God?
(Try to help teens see reasons they have to praise God and encourage them to be praising Him in their lives - by praising him together during worship times and in other ways.)

Praise through Song(s) and Prayer

Optional: Sing one or two praise songs as a group.

Have a time of prayer for the group to pray praises to God.

Prayer Time

Have volunteers share prayer requests and pray together as a group.